

Thursday 12 February 2015



**INTERNATIONAL
PELVIC FLOOR
SYMPOSIUM**

caring through research, education and innovation



Presented by

Intus
Digestive and
Colorectal Care

in conjunction with



**ST GEORGE'S
HOSPITAL**

A TRADITION OF EXCELLENCE

GP Session Management of faecal incontinence and constipation

1600 – 1615	WELCOME
1615 – 1745	<p>Anatomical correlates of pelvic floor disorders and clinical assessment (ODS, FI) <i>Richard Perry</i></p> <p>Dynamic pelvic floor – MRI – imaging the cause! <i>Adrian Balasingham</i></p> <p>Medication relating to FI and UI and constipation <i>Clare Greasley</i></p> <p>Dietary management <i>Sally Watson (to be confirmed)</i></p>
1745 - 1800	NETWORKING
1800 – 1930	<p>CDHB research project – Incontinence pad use in rest homes <i>Dot Milne</i></p> <p>Physiotherapy strategies <i>Maree Frost</i></p> <p>Biofeedback, SNS, PTNS <i>Ingo Kolossa</i></p> <p>Operative procedures of the pelvic floor <i>Richard Perry</i></p>
1930 – 2000	Panel Discussion
2000	<p>SOCIAL FUNCTION Get together to network and meet the Symposium delegates and speakers</p>

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0830 – 0855	REGISTRATION AND COFFEE
Session 1 Pelvic floor – the enigma for the surgeon?	
0855 – 0900	WELCOME
0900 – 0930	Anatomical correlates of PF disorders- ODS, FI, UI functional relevance and correlates of: Muscles of pelvic floor Supportive tissue of the pelvis Nerves in the pelvis <i>Department of Anatomy (to be confirmed)</i>
0940 – 1000	Optimal imaging strategies (ultrasound, DPF, MRI etc) <i>Adrian Balasingham</i>
1000 – 1020	MDT in the management of pelvic floor disorders <i>Richard Perry</i>
1020 – 1045	MORNING TEA

Session 2 Obstetrics	
1045 – 1100	Antenatal assessment of the pelvic floor – identifying women at risk of anal sphincter injury and faecal incontinence post birth <i>Taryn Hallam</i>
1100 – 1115	Obstetric strategies to minimise pelvic floor injury <i>Liz MacLeod</i>
1115 – 1135	Long term effect of pregnancy and delivery on pelvic floor structure and function <i>Joy Dixon</i>
1135 – 1155	Psychopathology in the pelvic floor (Sexual abuse, Sexual disorders) <i>Lois Surgenor</i>
1145 – 1215	Panel Discussion: All babies should be delivered by caesarean section to preserve pelvic floor function
1215 – 1315	LUNCH

Session 3 Faecal and urinary incontinence

1315 – 1330	Socioeconomic impact of incontinence in New Zealand <i>Mark Weatherall</i>
1330 – 1345	Faecal Incontinence- The physiotherapy approach <i>Taryn Hallam</i>
1345 – 1400	Urinary incontinence- The Urologist approach <i>Sharon English</i>
1400 – 1420	Contrain biofeedback therapy for faecal incontinence <i>Ingo Kolossa</i>
1420 – 1450	FI- Neuromodulation SNS/ PTNS: The new Gold Standard? <i>Klaus Matzel</i>
1450 – 1520	Challenges with anal sphincter devices and interventions <i>Antoinne Lehur</i>
1520 – 1545	AFTERNOON TEA

Session 4 Pelvic organ prolapse – bear in mind there is three compartments

	“To mesh or not to mesh”	
1530 – 1550	Anterior compartment <i>Pro: Sharon English</i>	Contra: Joy Dixon
1550 – 1600	<i>Challenge the statement</i>	
1600 – 1620	Middle compartment <i>Pro: Michael East</i>	Contra: Thierry Vancaillie
1620 – 1630	<i>Challenge the statement</i>	
1630 – 1650	Posterior compartment <i>Pro: Antoinne Lehur</i>	Contra: Richard Perry
1650 – 1700	<i>Challenge the statement</i>	
1700 – 1745	MDT Panel: “do we mutually agree” Presenting challenging cases / alternatively worst case scenario - what next? Panel: <i>Richard Perry, Michael East, Antoinne Lehur, Thierry Vancaillie, Klaus Matzel, Joy Dixon, Sharon English</i>	
1930	SYMPOSIUM DINNER	

Saturday 14 February 2015



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Session 5 Chronic pelvic pain

0830 – 0850	Neuropelveology – “understanding the road map” <i>Thierry Vancaillie</i>
0850 – 0910	Chronic pelvic pain – the undesirable patient <i>Rick Acland</i>
0910 – 0930	Behavioural therapy – can counselling fix the problem <i>Sandy MacLeod (to be confirmed)</i>
0930 – 0950	Physiotherapy approach <i>Taryn Hallam</i>
0950 – 1015	MORNING TEA
1015 – 1030	Botox – where, when, how <i>Michael East</i>
1030 – 1050	Mesh – saviour or mischief – beginning of a new era <i>Richard Perry</i>
1050 – 1120	Medico-legal aspects of mesh related incidents <i>MPS (to be confirmed)</i>
1120 – 1200	Neuromodulation – last resort or promising alternative <i>Klaus Matzel</i>
1200 – 1240	Pudendal nerve release – the answer we have been waiting for” <i>Thierry Vancaillie</i>
1240 – 1300	Interactive discussion with MDT panel <i>Ingo Kolossa</i>
1300	END OF SYMPOSIUM and LUNCH

Saturday afternoon

1500	Sightseeing: Akaroa or Lyttelton Harbour tour
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